



# FOOTNOTES

TASMANIAN MASTERS ATHLETICS Inc.  
GPO BOX 890,  
HOBART, TASMANIA. 7001.

<http://www.tasmastersathletics.org.au/>

Print Post Approved PP 764326 / 00028

VOLUME 30, NUMBER 7

July 2009



Tasmania 6210 9666



For sound advice and the best value for your money visit your Fuji Xerox Business Centre.

- Printing
- Copying
- Scanning
- Faxing
- Laminating
- Photo Printing

All over  
**Tasmania**  
we're helping put  
**money back**  
into businesses.

Do your office machines have an X on them?  
If not you could be losing money.

Whether it's multi-function, fast colour or saying goodbye to expensive ink cartridges, your local X-man will conduct a workflow analysis of your business and identify a tailor-made solution that could save you time and money.

From desktop mono to multi-tasking colour, scanning and faxing, your business can profit through our experience, service and innovation.

Time is money, so call us today for a free consultation and get the X factor working for you.

## INSIDE THIS ISSUE

Southern Winter Calendar - **changed dates**  
Street Northern Winter Calendar  
AGM and New Committee  
President's Message  
Winter Training and Fitness  
Vale Ellis Breen  
Southern Results  
Tasmanian Masters in Athletics South  
Social Evening of Badminton - Put Put Golf  
Vale Graeme Fennell  
Dru Point Fun Run  
Ross Marathons - Entry Forms next month  
TMA Road Running Championship Results  
Dover Fun Run  
Northern Results

Jenny Stevenson  
33 Amy  
Moonah, Tasmania. 7009

E-Mail: [msteven1@inet.net.au](mailto:msteven1@inet.net.au)  
Phone (03) 6272 1182 (H)  
Technical Assistant: Sarah Stevenson  
**Closing date for next issue**  
**25th July 2009**



## Major Events and Fun Run Calendar - 2009

### JULY

|        |        |   |                |
|--------|--------|---|----------------|
| Sat 4  | AS/RWT | *Kempton Road 4km&8km (includes RWT walks)                                    | Kempton        |
| Wed 8  | AT     | Tasmanian All Schools (Primary) Cross Country                                 | Symmons Plains |
| Sat 11 | AS     | *Axiom Way Cross Country 3.5km&7km  | Acton          |
| Sun 12 | TMA    | <i>Cadbury Estate S&amp;D Lance</i>   | Claremont      |
| Sat 18 | AS     | Gellibrand Drive Cross Country 3km&6km  | Sandford       |
| Sun 19 | EVS    | Launceston 10 Fun Run   | Launceston     |
| Sat 25 | AT/TMA | <i>Tasmanian Cross Country Championships (combined Age Related Distances)</i> | Pontville      |
| Sun 26 | TMA    | <i>4 Seamist Court Barry &amp; Stephanie Teague</i>                           | Lauderdale     |

### AUGUST

|        |     |   |              |
|--------|-----|---|--------------|
| Sat 1  | AS  | *5 Mile Beach Cross Country 4km&8km   | 5 Mile Beach |
| Sat 8  | AS  | Froggy Wise Memorial Handicaps 2.5km&5km  | Waterworks   |
| Sun 9  | TMA | <i>Salcia Ave David &amp; Frances Hancock - NOTE CHANGED DATE</i>               | Howrah       |
| Sun 16 | AS  | Budget Rent a Car Fun Run & Walk 2.5km&5km                                      | Hobart       |
| Sat 22 | AS  | *Risdon Brook Dam Cross Country 4km&8km   | Risdon Brook |
| Sun 23 | TMA | <i>1 Cypress Place Pete &amp; Lynne Lyden</i>                                   | Kingston     |
| Sat 29 | AS  | Tynwald Park Handicap 5km&10km  | New Norfolk  |
| Sat 29 | AA  | Australian Cross Country Championships including All Schools & Primary Exchange | Camden NSW   |
| Sun 30 | AA  | Australian Schools Cross Country Championship Relays & Australian Walk Titles   | Camden NSW   |

### SEPTEMBER

|        |     |   |               |
|--------|-----|---|---------------|
| Sat 5  | AS  | *Tas Bevis Memorial Cross Country 5km&10km                                      | Huntingfield  |
| Sat 12 | AS  | *Domain Cross Country 4km&8km   | Domain XRoads |
| Sat 19 | AS  | *Tolossa Park Relay 4 runners x 3 x1 mile                                       | Glenorchy     |
| Sun 20 | AT  | Mosey along the Mersey Fun Run including Tasmanian Road Championships 5k Series | Devonport     |
| Sun 27 | TMA | <i>Brighton Country Challenge 4km &amp; 8km 11am start</i>                      | Pontville     |

### OCTOBER

|        |     |   |             |
|--------|-----|---|-------------|
| Sun 4  | TMA | <i>21 Pearsall Rd - Linda Moran - TO BE CONFIRMED</i>   | Snug        |
| Sun 11 | TMA | <i>39 Jetty Rd Bob Weldon</i>                           | Old Beach   |
| Sun 18 |     | Burnie 10   | Burnie      |
| Sun 25 | TMA | <i>18 Radiata Dr (NEW COURSE) Mike &amp; Julie Pace</i> | Lindisfarne |

### NOVEMBER

|        |     |   |                  |
|--------|-----|---|------------------|
| Sun 1  | TMA | <i>91 Hilton Rd Alan &amp; Sheila Coleman</i>             | Claremont        |
| Sun 5  | TMA | <i>Wingara Rd (NEW COURSE - NO TOILETS) Bob Robertson</i> | Howden           |
| Sun 8  | TMA | <i>Tynwald Park Stan Harrex</i>                           | New Norfolk      |
| Sun 22 |     | Point to Pinacle  | Casino Sandy Bay |
| Sun 29 | TMA | <i>Cremorne Opposite the Shop David Cresswell</i>         | Cremorne         |

### DECEMBER

|        |     |   |              |
|--------|-----|---|--------------|
| Sat 5  |     | Bruny Is Ultra/Relay Run  | Bruny Island |
| Sun 13 | TMA | <i>Stonor Hall (Christmas function after run) Tim &amp; Tracey McConnon</i> | Stonor       |

## Tasmanian Masters Athletics Northern Winter Calendar 2009

|              |  |               |       |
|--------------|--|---------------|-------|
| July 12      | St. Leonards Gutbuster                     | 10K; 5K       | \$100 |
| July 25      | Tasmanian/Masters Cross Country Champs     | Pontville     |       |
| July 26      | Legana                                     | 8.5K; 4.25K   |       |
| August 9     | Relbia                                     | 7K; 3.5K      | \$100 |
| August 23    | Deloraine                                  | 8K; 4K        |       |
| September 6  | Carr Villa                                 | 6.5K; 3.1K    |       |
| September 20 | Longford – NEW COURSE                      | To Be Advised | \$100 |
| September 27 | Brighton Country Challenge                 | Pontville     |       |
| October 4    | Trevallyn "Hoo Hoo Hut"                    | 8K; 4K        |       |
| October 11   | Blanchard -Royal Park                      | 6.5K          | \$100 |
| October 18   | Burnie 10                                  |               |       |
| December 5   | Bruny Island Ultra/Relay                   |               |       |
| December 13  | Stonor Hall (Christmas function after run) | Stonor        |       |

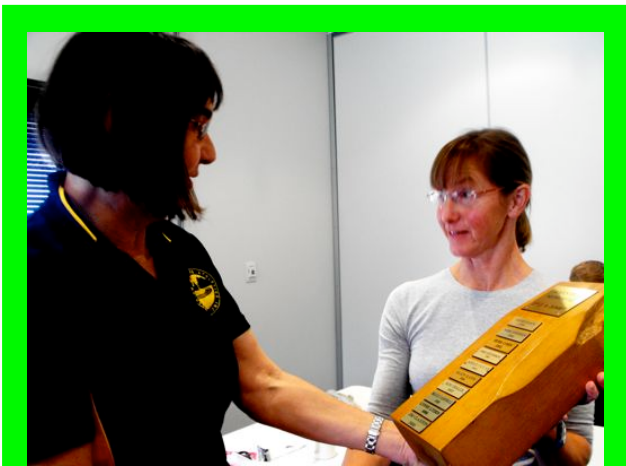
# AGM AND FUN RUN HELD AT CAMPBELL TOWN

Thank you to all who turned up to Campbell Town for the fun run and the AGM. The 4k fun run was set over a new course, I didn't realise how many hills that could be found in Campbell Town - you did a good job Bob! Still, as they say 'a change is as good as a holiday' and we saw more of Campbell Town than we have in the past. Can't be bad.

The results were as follows - **1 Lap** - Adele Lucas 19.21, David Lucas 23.33, Joy Walker 24.45, Jim Claxton 24.06, Lynne Andrews 28.29, David Hancock 22.44, Alan Coleman 19.47, Stephanie Teague 23.09, Jenny Stevenson 29.23, Mick Stevenson 22.04, Barry Teague 22.42, Barry Lloyd 24.29, Stan Harrex 24.36, Bruce Campbell 45.09 **2 Laps** - Bob Robertson 37.41, David Wagner 33.02, Neil Hammersley 42.58, David Cresswell 47.59, Sue Lloyd 41.05, Jo Oliver 41.52 **Lap Walk** - Frances Hancock 40.20, Mark Westcott 40.25, Judy Wagner 40.17

After the run we made our way to The Grange Function Rooms for lunch before the meeting and very nice it was too. Soup rolls and savories with tea and coffee.

There were a number of trophies presented at the meeting and the new committee was elected.



Jim Burr Clubman Trophy  
Lynne Andrews presenting it to Debbie Lance



Graeme Cruise Memorial Trophy for best  
Age Graded Performance  
Lynne Andrews presenting it to Alan Coleman



## LIFE MEMBERSHIP DAVID HANCOCK

Been a member since inception of Association in 1979  
President 1985/86  
Vice President 1981/82 & 1986/87  
Statistician 13 years 1979/00 - the work in recording the multi events records was enormous  
Archive Officer for a number of years and compiled a spreadsheet of Office Bearers and Award winners of the Association  
Was a member of the Southern Cross Marathon Committee for many years and our normal committee for many more.

Congratulations David on a job well done



## LIFE MEMBER

## STEVE LANCE

Steve's contribution has been in many areas from coaching to administration and as an athlete. The organization of the Nationals in 2007 was seen as a massive achievement with Steve playing a pivotal role in coordinating this highly successful event. Congratulations and a big thank you was also extended to Steve from all members present.

**Congratulations Steve on a job well done**

## MEET YOUR NEW COMMITTEE FOR 2009/10



Back - Craig Hicks, Alan Coleman, Jo Oliver, Peter Lyden

Middle - Bob Robertson, Lynne Andrews, Jim Claxton

Front - Steve Lance, Debbie Lance, Mick Stevenson, Mike Walker, Bruce Campbell

# PRESIDENT'S REPORT 2008/2009

The 2008/2009 year which ended on 28 February was again successful in terms of membership, participation and social interaction.

Membership was 186, down from the 200 of the previous year. The 2007 Nationals held in Hobart provided a boost to the latter number. Our challenge is to maintain membership at around the 200 and above level.

Your committee met monthly and ensured that the club remained on course to deliver its core functions of track and field, road and cross country as well as social activities. My thanks go to all committee members (and their families) who carried out the responsibilities of their portfolios in a competent and enthusiastic manner. Please remember that committee members welcome feedback and contributions from the membership at large.

Cross country and road events were programmed and well supported by members in both our Northern and Southern regions. As well, our members were regular participants in open competition, fun runs and state championships. It was particularly pleasing to see 29 participants (15 South/14 North) in the Road Championships at Campbell Town. We also had 34 participants in our Half Marathon Championship held in conjunction with the Cadbury event in January. In 2010 it is planned to host both the Australian and Tasmanian Half Marathon Championships in conjunction with Cadbury.

Track and field was also conducted on a weekly basis during the summer season in both the North and South and culminated with the State Championships in Launceston in March. Although numbers were down, competition was keen and provided good preparation for those athletes traveling to Adelaide for the National Championships. Club members also competed at the Oceania Championships in Townsville, the Australian Masters Games in Geelong and the Alice Springs Masters Games. We always "punch above our weight" in terms of success at these events. Our past two State Championships have now been conducted in conjunction with Athletics Tasmania with resulting benefits in resource sharing. It is also anticipated that the 2009/2010 T & F and Weight Pentathlon Championships will be held together with the State Multi Events Championships.

National Postal Relay Championships were conducted in February and a highlight was the performance of our Women's 40-49, 4 x 800m team of Sharon Coad, Carolyn Davis, Francesca Smith and Debbie Crawford who won their competition in 10 minutes, 39 seconds, smashing the Australian record by 38 seconds. Third places were achieved by the Men's 60-69, 4 x 800m; Men's 40-49, 4 x 100m and Men's 40-49, 4 x 400m.

The cause of Masters Athletics in Tasmania is well served by the efforts of Peter Lyden and Steve Lance in their liaison roles with Athletics South and Athletics Tasmania. They are also prominent on the national stage with Steve as National Vice President and Peter as Director, Coaching Development. Congratulations are extended to Steve for his AMA Merit Award for services to Masters Athletics.

The prestigious Jim Burr trophy for service to our club was won by Gary Armstrong in 2008 and Debbie Lance in 2009. I am also delighted to announce that two long serving, active and dedicated members in David Hancock and Steve Lance have been recommended for Life Membership of our club.

Our Footnotes Newsletter, ably edited by Jenny Stevenson and assisted technically by Sarah Stevenson continues to be an effective communication medium. Any monthly reading demonstrates the wide range of athletic activities available to our members and their many achievements. Our website developed for the 2007 Nationals has become redundant and the committee has commissioned the development of a new website which is expected to come on line during June 2009. A feature of the new website will be a very easy to use content management system that will allow for easy and quick updates and edits.

In recent years, our hardworking, efficient and dedicated Secretary, Peter Lyden has expressed his desire to move aside from the position and to facilitate a smooth transition for a new person to the role. Peter commenced as Secretary in 1989/90 having also been Assistant Secretary for the two prior years. We owe it to Peter and his family to respect his wish. Without pre-empting the decisions to be made later in this meeting it would appear that within the nominations for the 2009/2010 committee some options for transition are available.

The strength of our club lies with the volunteers, committee members and athletes who all contribute in their particular way. Thank you all for your efforts during 2008/2009.

I believe the priority challenges for the coming year are:

- (1) Increasing memberships.
- (2) Increasing participation in events (particularly championships).
- (3) Succession within our committee.
- (4) Cooperation with the broader athletic community.

In conclusion I wish all TMA members a successful and enjoyable 2009/2010.

**Mike Walker**  
**President**  
**TMA Inc.**

## TASMANIAN MASTERS ATHLETICS INC. SECRETARY'S REPORT 2008/2009

This years report will be my final one as Secretary of the Association, having carried out the role for the last twenty years. With the Presidents report being so comprehensive on this year's activity by the Association, I will keep my report very brief indeed.

It has been a pleasure and a privilege to serve the Association as Secretary, the task of which I could not have done for so long without the full support of my wife Lynne and family and to them I owe a debt of gratitude. Whilst I am not standing down from the Committee, the reduced workload will enable me to better direct my attention to those activities I retain. The main ones being AMA, Athletics Tasmania & Athletics South liaison, along with my preferred activity coaching, for which I currently have a national role as a AMA Director.

Your Committee has worked tirelessly over the past year, and was lead with distinction by our outgoing President Mike Walker, who has put his hand up to take over my role as Secretary. From a personal perspective I was very grateful for Mike's assistance in handling a number of matters which were in reality the Secretaries responsibility to deal with.

To my fellow Committee members and their respective spouses, both past and present, thank you for all your support and the tremendous contribution you have made to the smooth running of our Association over this and previous years.

It would be remiss of me not to mention this years Life Member nominations, David Hancock and Steve Lance. I have served on the Committee with both David and Steve over numerous years and I am acutely aware of their individual contributions to the Association, both as frontline Committee members and behind the scene operators. They are truly deserving of this service recognition and I whole heartedly support their acceptance.

As in previous years, I urge all members to actively participate in the conduct of your Association. Stay healthy, happy and enjoy the company of your fellow athletes, family and friends.

Peter Lyden  
Secretary  
29 May 2009

---

### President's Message



Dear fellow athletes

We commence our new athletic year with some changes on our committee. Mike Walker, our friendly, competent past president has stepped sideways into the position of secretary. He is to be heartily thanked for his contribution as president and for his willingness to take over the enormous load of secretarial work which has been the domain of Peter Lyden. Peter held the position of secretary for 20 years and for two years previously was assistant secretary. Peter's contribution is greatly valued and we continue to benefit from his experience in his position as Vice President and as a delegate to AS/AT and AMA. We warmly welcome Craig Hicks, Debbie Lance, Ben Hughes and John Noble to our

committee.

Our first committee meeting was held at Mt Rumney and while some members spent some time on mystery tours, practising three point turns on Mt Rumney Road in the dark, (my fault – will put a flag out next time!), we had some fruitful discussion and scheduled a special timeslot at the next meeting to further discuss club programs, state championships etc. We will keep you all informed.

I believe that athletics is for everyone – from beginner to world record-holder - and for everyone who holds a watch or enjoys a cup of tea or participates in any way. Please help our treasurer and save him a lot of work by paying your subscriptions promptly. You are only a member of the club if you are financial!

Enjoy winter training and competition. I look forward to seeing you all on the road, track, paddocks and beaches.

Best wishes

Lynne Andrews

**TASMANIAN MASTERS ATHLETICS INC.  
2009 - 2010 COMMITTEE  
GPO Box 890 Hobart 7001**

**President**

Lynne Andrews 57 Mt Rumney Rd Mt Rumney 7170 03 6248 5081 (H)  
[Lynne Andrews](mailto:lynne.andrews@tasnet.net.au)

**Senior Vice President**

Steve Lance 3 Hone Rd Rosetta 7010 03 6273 3999 (H)  
[Steve Lance](mailto:stevelance@netspace.net.au) 03 6273 5333 (B)

**Vice President (AS/AT Liaison)**

Peter Lyden 1 Cypress Pl Kingston 7050 03 6229 4263 (H)  
[peter.lyden@dhhs.tas.gov.au](mailto:peter.lyden@dhhs.tas.gov.au) 03 6222 8632 (B)

**Secretary**

Mike Walker 1 King St Bellerive 7015 03 6244 6229  
[mikejoy@netspace.net.au](mailto:mikejoy@netspace.net.au)

**Treasurer**

Mick Stevenson 33 Amy Street Moonah 7009 03 6272 1182  
[msteven1@iinet.net.au](mailto:msteven1@iinet.net.au)

**Director Track & Field**

Sue Hanek 365 Dixon Point Rd Sandford 7020 03 6248 9397

**Director Non Stadia**

Bob Robertson 88 Beach Rd Kingston 7050 03 6229 4628

**Statistician**

Amy Hanek 6 Olive Grove Lenah Valley 7008  
[amy.hanek@dhhs.tas.gov.au](mailto:amy.hanek@dhhs.tas.gov.au)

**Northern Delegate**

Jim Claxton 31 Hiawatha St Norwood 7250 03 6344 1025  
[bonjim@intas.net.au](mailto:bonjim@intas.net.au)

**North-West Delegate**

Craig Hicks 11 Casurina Crt East Devonport 7310 03 6427 0192 (H)

**Committee Members**

Bruce Campbell 20 Barclay Cres Rosetta 7010 03 273 3210 (H)

Jo Oliver 2 Cuthbertson Pl Lenah Valley 7008 03 6274 1446 (H)  
[jo.oliver@centrelink.gov.au](mailto:jo.oliver@centrelink.gov.au)

Alan Coleman (**Social Director**) 91 Hilton Rd Claremont 03 6249 3413  
[sheila\\_coleman@toll.com.au](mailto:sheila_coleman@toll.com.au)

Debbie Lance (**Uniforms**) 3 Hone Rd Rosetta 7010 03 6273 3999 (H)  
[Steve Lance](mailto:stevelance@netspace.net.au)

**Footnotes Editor (Non-Committee)**

Jenny Stevenson 33 Amy St Moonah 7009 03 62721182 (H)  
[msteven1@iinet.net.au](mailto:msteven1@iinet.net.au)

**Webmaster (Non-Committee)**

Ben Hughes 255 Clarence St Howrah 7018 0418125233  
[ben.hughes@parliament.tas.gov.au](mailto:ben.hughes@parliament.tas.gov.au)

**Auditor (Non-Committee)**

John Noble 96 Beach Rd Leith 7315 03 6428 2424 (H/B)

**AMA Delegates**

Mike Walker & Peter Lyden



# WINTER TRAINING AND FITNESS

Would you like to meet at 10.00am at Risdon Brook Dam on Saturday mornings?  
Runners, walkers, joggers are all welcome to join us.

Hope to see you there  
Phone Sue Hanek 6247 9465  
or just turn up!



## VALE

### EILIS RAE nee BREEN

The Masters send their heart felt  
condolences to the Rae and Breen  
families on the death of Eilis

She was a truly lovely lady

The Masters would like to congratulate Mike Pace on being awarded  
**Tasmanian Coach of the Year**  
Well done Mike, well deserved

The Masters wish all their Members born  
in July a very happy Birthday

|                  |    |
|------------------|----|
| Darren Morley    | 4  |
| Lynne Lyden      | 5  |
| Robert Richards  | 6  |
| Mike Stevenson   | 7  |
| Elizabeth Leitch | 8  |
| Gerard Little    | 8  |
| Barry Teague     | 9  |
| Louis Crack      | 9  |
| David O'Brien    | 10 |
| Kenneth Nixon    | 12 |
| Andrew Walker    | 12 |
| Peter Shuttler   | 13 |
| Scott MacDonald  | 14 |
| Jane Daley       | 15 |
| Barry Zeitzen    | 17 |
| Kathy Fisher     | 18 |
| Malcolm Hales    | 19 |
| David Hancock    | 19 |
| Peter Cornish    | 24 |
| Debra O'Regan    | 26 |
| Stuart Smith     | 31 |



*The Masters  
welcome new  
members*

*Craig Barron  
and  
Eric Welsh*

*and wish them a  
happy and  
successful year*

**Ridgeway 30.5.09**

**Women's 2.5km**

|                    |       |
|--------------------|-------|
| Francesca Smith    | 9.51  |
| Tracey Parry       | 10.07 |
| Marcia Lucas       | 11.15 |
| Elaine Marquardt   | 12.44 |
| Sharon Johns       | 13.42 |
| Sharyn Fitzpatrick | 14.29 |
| Jan Hardy          | 14.39 |
| Julie Pace         | 14.47 |
| Catherine Stringer | 15.23 |
| Jenny Stevenson    | 17.58 |
| Tracey McConnon    | 18.21 |
| Lynne Sansom       | 19.57 |
| Deborah Townrow    | 20.31 |

**Men's 2.5km**

|                 |       |
|-----------------|-------|
| Chris Kossman   | 8.43  |
| Craig Tilyard   | 10.20 |
| Anthony Sansom  | 10.37 |
| Michel Bermudes | 10.55 |
| Ben Hughes      | 11.00 |
| Mike Pace       | 12.38 |
| Len Powell      | 13.03 |
| Mike Stevenson  | 13.45 |
| Alan Bennett    | 14.08 |
| David Hancock   | 14.14 |
| Peter Clarke    | 14.45 |
| Barry Lloyd     | 15.46 |
| Ken Nixon       | 15.55 |
| David Salter    | 16.52 |

**Women's 5km**

|                   |       |
|-------------------|-------|
| Andrea Marquardt  | 18.18 |
| Carolyn Davis     | 20.03 |
| Fiona Lennon      | 20.05 |
| Sharon Coad       | 20.15 |
| Vanessa Kearney   | 20.18 |
| Tracey Keating    | 20.31 |
| Christine Andrews | 21.39 |
| Sarah FitzGerald  | 21.42 |
| Jill Morgan       | 22.36 |
| Adele Lucas       | 23.14 |
| Deborah Gardner   | 23.53 |
| Sue Lloyd         | 23.54 |
| Julia Hutchens    | 23.58 |
| Tracey Devine     | 24.17 |
| Dale McPherson    | 24.20 |
| Karen Aiken       | 24.44 |
| Lynne Lyden       | 25.19 |
| Linda Moran       | 25.36 |
| Margaret Horne    | 34.04 |

**Men's 5km**

|                   |       |
|-------------------|-------|
| Daniel Smee       | 16.11 |
| Gavin Wickham     | 16.14 |
| Michael Anderson  | 16.28 |
| Greg Hicky        | 17.46 |
| Paul Dannock      | 18.02 |
| Andrew Buckley    | 18.05 |
| Phillip Murrell   | 18.07 |
| Gary Cuthbert     | 24.09 |
| Jarrold Gibson    | 25.19 |
| William Yee       | 17.05 |
| Alvin Johns       | 17.09 |
| David O'Brien     | 17.30 |
| Tony McIntyre     | 17.32 |
| Peter Barrett     | 17.37 |
| Dominic McNamara  | 17.41 |
| Peter Lyden       | 17.44 |
| Danny Byas        | 21.51 |
| John Dalco        | 21.53 |
| Basil Fraser      | 22.06 |
| William Vagg      | 18.27 |
| Brett Ranson      | 18.29 |
| Peter Hoskinson   | 18.37 |
| Wayne French      | 18.42 |
| Andrew Skelly     | 18.52 |
| Paul Riseley      | 19.01 |
| James Patterson   | 19.17 |
| Christopher Gates | 19.19 |
| Craig Canham      | 19.28 |
| David Cundy       | 20.53 |
| Bob Robertson     | 21.00 |
| Phillip Grimmond  | 21.04 |
| Scott Haslock     | 21.27 |
| John Andrewartha  | 21.32 |
| Francis Harries   | 21.35 |
| Mark Blake        | 22.27 |
| Scott Jenkins     | 22.58 |
| Jason Fyfe        | 23.32 |
| Jim Ireland       | 25.34 |
| Peter MacDonald   | 27.25 |
| David Cresswell   | 28.14 |
| Stan Harrex       | 31.01 |
| David Moore       | 34.48 |



**Opossum Bay 6.6.09**

**Women's 5km**

|                    |       |
|--------------------|-------|
| Anna Smee          | 22.18 |
| Tracey Parry       | 22.32 |
| Sharon Coad        | 23.18 |
| Marcia Lucas       | 25.50 |
| Adele Lucas        | 26.24 |
| Dale McPherson     | 27.25 |
| Lynne Lyden        | 29.34 |
| Sharon Johns       | 29.58 |
| Sharon Willing     | 30.07 |
| Sharyn Fitzpatrick | 31.12 |
| Julie Pace         | 34.23 |
| Tracey McConnon    | 39.20 |
| Margaret Horne     | 39.26 |
| Karina Barker      | 40.00 |
| Carolyn Wilcott    | 40.16 |
| Lynne Sansom       | 42.27 |
| Jenny Stevenson    | 42.48 |
| Deborah Townrow    | 45.52 |

**Men's 5km**

|                   |       |
|-------------------|-------|
| William Vagg      | 21.17 |
| James Patterson   | 22.00 |
| Alvin Johns       | 22.46 |
| Ben Hughes        | 24.10 |
| Andrew Fitzgerald | 24.32 |
| Tim McConnon      | 24.40 |
| Anthony Sansom    | 24.43 |
| Jarrold Gibson    | 25.57 |
| Sean Fitzpatrick  | 27.36 |
| Mike Pace         | 28.51 |
| Jim Ireland       | 29.18 |
| Mike Stevenson    | 31.00 |
| David Hancock     | 31.28 |
| Bob Robertson     | 31.52 |
| Peter MacDonald   | 32.07 |
| Peter Clarke      | 32.39 |
| Barry Lloyd       | 33.08 |
| Ian Henderson     | 33.38 |
| Ken Nixon         | 36.36 |
| Stan Harrex       | 36.42 |
| Matt Robertson    | 36.57 |
| David Salter      | 40.27 |
| Alan McPherson    | 51.43 |

**Women's 10km**

|                  |       |
|------------------|-------|
| Andrea Marquardt | 44.57 |
| Carolyn Davis    | 48.08 |
| Tracey Keating   | 48.51 |
| Sarah FitzGerald | 52.20 |
| Sue Lloyd        | 57.00 |
| Elaine Marquardt | 57.19 |

**Men's 10km**

|                  |       |
|------------------|-------|
| Daniel Smee      | 37.25 |
| David O'Brien    | 40.18 |
| Paul Bidgood     | 40.24 |
| Michel Bermudes  | 40.38 |
| Phillip Murrell  | 41.04 |
| Peter Lyden      | 41.48 |
| Andrew Buckley   | 42.11 |
| Rod Mason        | 42.15 |
| Greg Hicky       | 42.20 |
| Paul Riseley     | 43.13 |
| Tony McIntyre    | 43.20 |
| Paul Dannock     | 43.40 |
| Darren Giffard   | 43.54 |
| Max Bichsel      | 44.32 |
| Wayne French     | 44.45 |
| Craig Canham     | 46.10 |
| Chris Gates      | 46.44 |
| Jon Doole        | 47.33 |
| Steve Billingham | 48.44 |
| Phillip Grimmond | 49.41 |
| Mark Blake       | 51.35 |
| John Dalco       | 55.56 |
| David Cresswell  | 66.24 |



**Pipeline H'caps 13.6.09**

| 4km           | Time  | E. T. | H/cap |
|---------------|-------|-------|-------|
| P McDonald    | 22:16 | 26:01 | 03:45 |
| S Fitzpatrick | 22:30 | 26:10 | 03:40 |
| M Stevenson   | 21:40 | 26:20 | 04:40 |
| C Stringer    | 23:42 | 26:27 | 02:45 |
| S Fitzpatrick | 19:18 | 26:33 | 07:15 |
| D McPherson   | 19:49 | 26:34 | 06:45 |
| PrClarke      | 23:32 | 26:42 | 03:10 |
| Jan Hardy     | 23:24 | 26:44 | 03:20 |
| Mike Pace     | 20:46 | 26:46 | 06:00 |
| Barry Lloyd   | 23:17 | 26:47 | 03:30 |
| Lynne Lyden   | 21:00 | 26:55 | 05:55 |
| Scott Jenkins | 18:49 | 26:59 | 08:10 |
| Linda Moran   | 21:20 | 27:00 | 05:40 |
| Ben Hughes    | 17:45 | 27:05 | 09:20 |
| Bob Weldon    | 19:37 | 27:07 | 07:30 |
| Sharon Coad   | 16:55 | 27:15 | 10:20 |
| Paul Leitch   | 19:33 | 27:18 | 07:45 |
| J Andrewartha | 17:49 | 27:19 | 09:30 |
| G Cuthbert    | 20:14 | 27:19 | 07:05 |
| E Leitch      | 21:11 | 27:36 | 06:25 |
| Peter Tavaszi | 18:56 | 27:36 | 08:40 |
| Adele Lucas   | 19:37 | 27:37 | 08:00 |
| M Horne       | 27:44 | 27:44 | 00:00 |
| Tracy Tavaszi | 24:06 | 27:51 | 03:45 |
| D Alomes      | 27:33 | 27:58 | 00:25 |
| Julie Pace    | 24:54 | 28:04 | 03:10 |
| R Stewart     | 19:20 | 28:05 | 08:45 |
| S Johns       | 22:45 | 28:10 | 05:25 |
| Karon Aiken   | 20:47 | 28:12 | 07:25 |
| Ian Bourchier | 22:13 | 29:18 | 07:05 |
| 8km           |       |       |       |
| S Thiessen    | 39:18 | 42:48 | 03:30 |
| V Kearney     | 35:51 | 45:41 | 09:50 |
| D Cresswell   | 41:35 | 45:55 | 00:30 |
| Ray Bell      | 38:28 | 46:43 | 08:15 |
| Tracey Parry  | 36:06 | 46:51 | 10:45 |
| E Marquardt   | 39:41 | 47:01 | 07:20 |
| Jill Morgan   | 38:50 | 47:05 | 08:15 |
| Sue Lloyd     | 39:51 | 47:11 | 07:20 |
| Paul Parry    | 33:31 | 47:16 | 13:45 |
| F Lennon      | 33:55 | 47:25 | 13:30 |
| D Hancock     | 47:02 | 47:32 | 00:30 |
| P Murrell     | 30:14 | 47:34 | 17:20 |
| C Canham      | 32:46 | 47:36 | 14:50 |
| Jon Doole     | 34:11 | 47:46 | 13:35 |
| W French      | 31:57 | 47:57 | 16:00 |
| J Gibson      | 39:18 | 48:03 | 08:45 |
| A Marquardt   | 31:13 | 48:08 | 16:55 |
| Chris Gates   | 33:10 | 48:10 | 15:00 |
| B Robertson   | 36:11 | 48:11 | 12:00 |
| F Harries     | 37:39 | 48:29 | 10:50 |
| Danny Byas    | 37:27 | 48:42 | 11:15 |
| D Giffard     | 33:07 | 48:52 | 15:45 |
| P Hoskinson   | 32:39 | 48:59 | 16:20 |
| T McIntyre    | 30:50 | 49:05 | 18:15 |
| P Grimmond    | 36:45 | 49:15 | 12:30 |
| C Davis       | 35:48 | 49:28 | 13:40 |
| B Ranson      | 33:20 | 50:15 | 16:55 |
| M Walker      | 35:18 | 50:18 | 15:00 |
| S Bourchier   | 51:05 | 51:05 | 00:00 |
| Peter Lyden   | 54.11 | 57.36 | 03.25 |
| Alvin Johns   | 39:21 | 57:41 | 18:20 |
| William Yee   | 39:22 | 57:42 | 18:20 |



**Gelibrand Drive Relays**

30.6.09

**Women O35**

|                |       |
|----------------|-------|
| Carolyn Davis  |       |
| Tracey Keating |       |
| Sue Lloyd      |       |
| Linda Moran    | 59.50 |

**Men O35**

|                 |       |
|-----------------|-------|
| Peter Barrett   |       |
| Michel Bermudes |       |
| Tony McIntyre   |       |
| William Yee     | 44.27 |

**Wayne French**

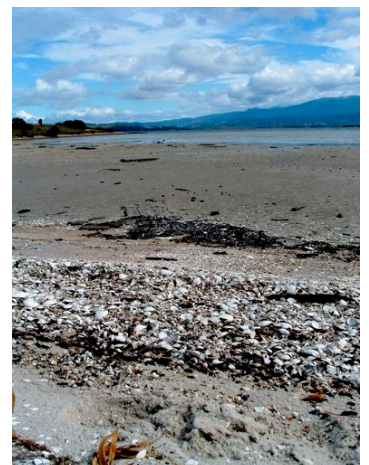
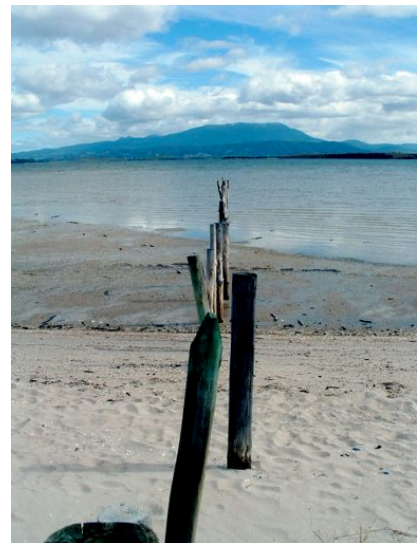
|                |       |
|----------------|-------|
| Darren Giffard |       |
| Alvin Johns    |       |
| Peter Lyden    | 50.39 |

**O50**

|                |         |
|----------------|---------|
| Barry Lloyd    |         |
| Bob Robertson  |         |
| Bob Weldon     |         |
| Michael Walker | 1.04.42 |

**Mixed Team O50**

|                     |         |
|---------------------|---------|
| Paul Leitch         |         |
| Matt Robertson (35) |         |
| Elizabeth Leitch    |         |
| Lynne Lyden         | 1.06.19 |



# TASMANIAN MASTERS in ATHLETICS SOUTH

- by Lynne Lyden

It has been great to see so many TMA members out there each Saturday morning competing in the Athletics South winter competition. The winter series although taken seriously competition wise by all athletes is highly social, colourful and a huge amount of fun.

Athletes travel around Hobart and it's surrounds to compete in road, cross country and handicap events. For some they get to go to places they would never have seen before. Each club takes turns on a duty roster to mark the course and set up the required equipment, and of course pack it away. A gas urn boiling away, tea, coffee and water cordial, provided as part of the entry fee, greets athletes and their supporters after the run.



This year with most of the clubs boasting new uniforms and tents the competition has taken on a very colourful hue. On this note we would like to **encourage all TMA athletes to compete in their green and gold uniforms**. With the cooler weather there would be no objections to the wearing of black tights/skins or a long sleeve top under the singlet.

A number of TMA members have suggested that the TMA should also have a tent like the other clubs. We do have 2 shelters and have had them since the 2007 National Championships. As Peter and I help set up for both TMA and Sandy Bay (that means 2 weeks out of 4) and are occasionally required to transport the Sandy Bay or Athletics South trailer we do not wish to have to cart along the TMA shelter. So if any one would like to volunteer to transport one or both of them around and set them up each week please speak to a committee member.



These photographs & more compliment of: [www.sandybayharriers.org.au](http://www.sandybayharriers.org.au)

## UNIFORMS – CAPS NOW AVAILABLE

A small stock of uniforms will be available from Lynne Lyden at the Athletics South Saturday competitions or by contacting Deb Lance 6273 3999

|                             |                              |
|-----------------------------|------------------------------|
| Caps – green with gold logo | \$20                         |
| Singlets                    | \$30                         |
| Shorts                      | \$25                         |
| Polo Shirts                 | \$25                         |
| Long Sleeve Training Tops   | \$10 sell out, limited sizes |



## Get well Soon Shirl

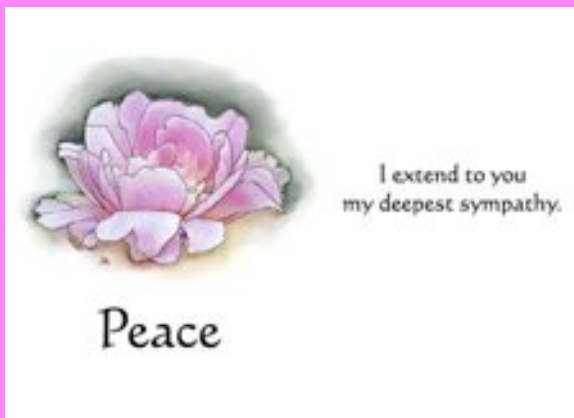
I have heard from Launceston that Shirley Brasher fell at Cross Country last weekend and has broken her arm and has cuts and bruises as well. We hope she has a speedy recovery. *Have heard plaster is off and is mending well. Ed.*

### NOTICE FROM THE EDITOR

Members, I will be away at the AMA World Athletic Championships from 26<sup>th</sup> July and we return on 22<sup>nd</sup> September 2009

I need a volunteer to make sure notices go out to the members to keep them informed Anyone interested in this job please contact me on either 6272 1182 or email [msteven1@iinet.net.au](mailto:msteven1@iinet.net.au)

Editor



## DALE

**GRAEME FENNELL**

**24.11.1938 - 2.6.2009**

**The Masters send their heart felt condolences to Shirley and the Fennell family on the sad passing of their Husband, Father and Grandfather**

**Rest in Peace Graeme**

For interested members, Varel Newmark's BBQ 70<sup>th</sup> birthday party at Austins Ferry will be held on 12<sup>th</sup> July. All welcome

### SOCIAL EVENING OF BADMINTON

Come along and enjoy a social hit and giggle. All racquets and shuttlecocks provided. There will be 5 courts available on the night with lots of mixed and doubles action so there is room for 20 people at a time. The court surface is an indoor tennis court so preferably wear non-marking shoes.

**Time:** 7pm to 8.30 pm **Date:** Wednesday 8<sup>th</sup> July **Cost:** \$3.00

**Venue:** Parsons Sports Centre, 6 Elmsleigh Road, Derwent Park (off Lampton Ave at the Highway end)

### Social Evening at the Put Put Golf Course

**Time:** 6.30pm till 8.00pm **Date:** Wednesday 22<sup>nd</sup> July **Cost:** \$12 Adults \$10 Concession

**Venue:** Cnr Lenah Valley Road and Main Road Moonah

# Dru Point Fun Run



What a wet and drippy weekend! First Opossum Bay with its long wet grass and small sheep trod tracks and now Dru Point, very muddy in places and everything soggy with puddles. Still the day was not cold or windy, the turn up was good and the run was on made tracks. As always at Dru Point, the scenery was lovely, misty and overcast but lovely all the same. Roy Beadell and Bob Robertson had set the course before we got there, and we thank them very much. David Lucas looked after the timing and the kettles (a most important job) and we thank him also. The day went well and we all enjoyed the chat over lunch and collecting the apples and passionfruit that had been brought to give away. Thanks must go to Joy Walker for the passionfruit and Roy Beadell for the apples.

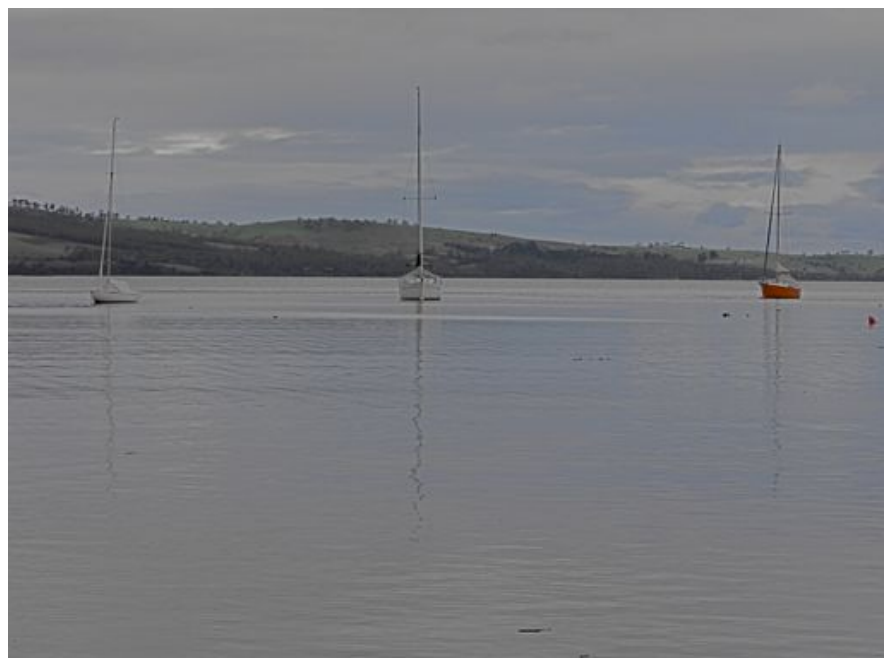
## RESULTS

### 3.2KM

|                  |       |
|------------------|-------|
| Joy Walker       | 20.56 |
| Stephanie Teague | 18.51 |
| Barry Lloyd      | 20.10 |
| Barry Teague     | 17.45 |
| Mick Stevenson   | 18.52 |
| Jenny Stevenson  | 25.20 |
| Stan Harrex      | 21.23 |

### 6.4KM

|                |       |
|----------------|-------|
| Bob Robertson  | 29.58 |
| Lawrie Marsh   | 30.18 |
| Mike Walker    | 29.46 |
| Roy Beadell    | 34.57 |
| Sue Lloyd      | 34.52 |
| Adele Lucas    | 34.24 |
| Bruce Campbell | 23.00 |





# ROSS MARATHONS

[www.rossmarathons.org.au](http://www.rossmarathons.org.au)

Ross, Tasmania

Sunday September 6<sup>th</sup> 2009



Marathon (42.195 km)

Half Marathon (21.1 km)

10 km Run and Walk

Children's Fun Run Challenge

Bring your family along and participate in an event that suits you

Enjoy being active in Ross this Father's Day

\*Special Father's Day prizes

\*Certificates for all participants

\*Spot prizes

Please contact Casey Mainsbridge at the University of Tasmania for event details and application forms

[Casey.Mainsbridge@utas.edu.au](mailto:Casey.Mainsbridge@utas.edu.au)

6324 3471 or 0439381927

An event coordinated by the University of Tasmania



## TMA ROAD RUNNING CHAMPIONSHIPS CAMPBELL TOWN - SUNDAY, 14 JUNE 2009

### W35-39 (10k)

1. Linda Moran 55.14

### W40-44 (10k)

1. Francesca Smith 40.38

2. Carolyn Davis 43.14

### W45-49 (4k)

1. Vicki Gunn 15.45

2. Sharon Coad 16.34

3. Julie Pace 22.57

### W50-54 (4k)

1. Lynne Lyden 20.39

### W55-59 (4k)

Adele Lucas 18.49

### M40-44 (10k)

1. William Yee 35.46

2. Aub Henricks 36.55

### M45-49 (10k)

1. Alvin Johns 36.06

2. Craig Canham 40.49

### M50-54 (6k)

1. Gerard Cronly 23.01

2. Chris Gates 24.07

3. Mike Pace 32.07

### M55-59 (6k)

1. Robert Gunn 26.31

### M80 + (6k)

1. Ric Whiting 35.24

2. Stan Harrex 38.05



# DOVER FUN RUN

14 JUNE 2009



Bob Robertson, Frances Hancock, Danny & Gloria Byas, Alan Bevan, David Hancock, Janet Bevan, Mick Stevenson



We were not sure about the weather on Sunday, but we decided to go anyway, you don't often get a reason for going to Dover. It rained intermittently most of the way there, in fact it poured in places. When we got to Franklin, the rain had stopped and the Huon River was like a mirror, the reflections were stunning.



Once at Dover, we found the weather had improved out of sight, bright and clear but cold. We were made very welcome by Alan and Janet Bevan. They had a roaring fire going at the shack, which was very welcome. Because of the lack of runners, we didn't time the run. We all ran the 6k along the beach and back. Everyone thoroughly enjoyed the day and we would like to thank Alan and Janet for providing the sausages and their very friendly hospitality.

# Northern Results

## BEAUTY POINT RUN

|                     | N.T.  | A.T.  | Diff |
|---------------------|-------|-------|------|
| Mark Normington     | 47:07 | 47:16 | 09   |
| Ros Holgate         | 46:30 | 46:41 | 11   |
| Alwynne McMahon     | 51:30 | 51:18 | 12   |
| Gill Gardner        | 50:00 | 49:47 | 13   |
| Tanya Jensen        | 45:00 | 45:20 | 20   |
| Eric Welsh          | 45:50 | 45:00 | 50   |
| Damon Sherriff      | 33:50 | 32:55 | 55   |
| David Wagner        | 32:00 | 31:03 | 57   |
| Shaun O'Regan       | 39:00 | 37:42 | 1:18 |
| Max Loffel          | 40:40 | 39:20 | 1:20 |
| Nye Evans           | 51:31 | 49:51 | 1:40 |
| Kristine Johnstone  | 56:00 | 54:11 | 1:49 |
| Neil Hammersley     | 40:00 | 41:51 | 1:51 |
| Deb O'Regan         | 49:23 | 52:26 | 3:03 |
| Amy Hinds           | 40:00 | 36:57 | 3:03 |
| Maggie Squires      | 53:00 | 49:01 | 3:59 |
| Noelene Chippindall | 58:40 | 53:48 | 4:52 |
| Craig Barron        | 50:00 | 43:43 | 6:17 |
| <b>3.9k</b>         |       |       |      |
| Vivienne Knight     | 29:30 | 29:51 | 21   |
| Jill Britton        | 28:00 | 28:26 | 26   |
| Judy Wagner         | 38:00 | 40:09 | 2:09 |
| Glynis Jetson       | 37:40 | 32:34 |      |



## PERTH 11K 5.5K

14.06.09

|                    | N.T.  | A.T.  | Diff |
|--------------------|-------|-------|------|
| Christie Smith     | 64:57 | 64:24 | 33   |
| Gill Gardner       | 71:00 | 70:15 | 45   |
| Max Loffel         | 60:00 | 58:59 | 1:01 |
| David Wagner       | 45:00 | 46:05 | 1:05 |
| Deb O'Regan        | 72:12 | 70:41 | 1:31 |
| Nye Evans          | 68:00 | 69:34 | 1:34 |
| Alwynne McMahon    | 72:00 | 70:26 | 1:34 |
| Kristine Johnstone | 78:25 | 76:48 | 1:37 |
| Craig Barron       | 62:00 | 63:43 | 1:43 |
| Eric Welsh         | 62:30 | 64:17 | 1:47 |
| Kathy Fisher       | 57:58 | 59:52 | 1:54 |
| Ros Holgate        | 64:00 | 66:07 | 2:07 |
| Shaun O'Regan      | 60:40 | 57:14 | 2:46 |
| Doug Ashfield      | 55:00 | 52:05 | 2:55 |
| Neil Hammersley    | 56:50 | 61:19 | 4:29 |
| <b>5.5k</b>        |       |       |      |
| Judy Wagner        | 56:00 | 55:47 | 13   |
| Jim Claxton        | 35:30 | 35:16 | 14   |
| Jill Britton       | 38:50 | 38:01 | 49   |
| John Fisher        | 25:00 | 26:37 | 1:37 |
| Glynis Jetson      | 42:10 | 44:07 | 1:57 |
| Tanya Jensen       | 48:00 | 45:26 | 2:34 |
| Vivienne Knight    | 39:00 | 42:53 | 3:53 |
| Gary Rossiter      | 36:00 | 30:36 | 5:24 |



## HERITAGE FOREST 8.4K 4.2K

07.06.09

|                    | N.T.  | A.T.  | Diff |
|--------------------|-------|-------|------|
| Kathy Fisher       | 45:30 | 45:23 | 07   |
| Deb O'Regan        | 52:59 | 53:17 | 18   |
| Jim Claxton        | 56:30 | 57:00 | 30   |
| Mark Normington    | 51:00 | 50:24 | 36   |
| David Wagner       | 34:30 | 33:52 | 38   |
| Tanya Jensen       | 47:00 | 46:22 | 38   |
| John Fisher        | 40:35 | 39:53 | 42   |
| Neil Hammersley    | 44:30 | 43:48 | 42   |
| Eric Welsh         | 47:00 | 47:48 | 48   |
| Gill Gardner       | 50:30 | 51:23 | 57   |
| Shaun O'Regan      | 45:00 | 43:42 | 1:18 |
| Kristine Johnstone | 56:18 | 57:40 | 1:22 |
| Max Loffel         | 46:30 | 45:07 | 1:23 |
| Alwynne McMahon    | 52:00 | 53:23 | 1:23 |
| Christie Smith     | 47:21 | 45:38 | 1:43 |
| Craig Barron       | 43:00 | 44:45 | 1:45 |
| Doug Ashfield      | 40:00 | 37:42 | 2:18 |
| <b>4.2k</b>        |       |       |      |
| Judy Wagner        | 43:00 | 45:30 | 2:30 |
| Jill Britton       | 27:30 | 30:06 | 2:38 |
| Gerard Little      | 32:50 | 35:57 | 3:07 |
| Vivienne Knight    | 27:50 | 32:14 | 4:38 |
| Debbie Rowley      | 29:40 | 34:31 | 4:51 |
| Glynis Jetson      | 27:55 | 33:55 | 6:00 |



**SURFACE  
MAIL**

If undeliverable return to:-

TMA Inc.  
GPO Box 890  
Hobart, Tasmania, 7001

*"May be opened for postal inspection"*