



T.M.A Weekly News

17TH AUGUST 2017

WEEKLY QUOTE:

“An athlete cannot run with money in his pockets. He must run with hope in his heart and dreams in his head.”

Emil Zatopek

HAPPY BIRTHDAY TO TMA FINANCIAL MEMBERS WHO ARE CELEBRATING THIS WEEK:

Janet Upcher
(22/8)

Wendy Hand
(23/8)

Stephen Lance
(23/8)

WELCOME TO THE FOLLOWING NEW MEMBERS:

Ken Johnson
Leighton Cockerill
Aaron Humphrey

UPCOMING EVENTS

South:

- Saturday 19th August. Upper Domain Road. Froggy Wise Memorial Handicap. 4.8km and 9.6km—10am
- Saturday 26th. Dru Point Reserve Cross Country. 4km and 8km—Margate 10am

North:

- Sunday 27th August. Deloraine, starting from the Train park at 10am

NORTHERN MASTERS WINTER SERIES RUNNING

It seems that for the first time in living memory of most Northern Masters runners, Carr Villa was bathed in bright sunshine and pleasant, mild, winter conditions for the run on Sunday 13/8/2017.

The long run competed for by just two runners and was won by Val Clarke with a total error of only 0.5 seconds from David Wagner. With just three runs to go Val is now the strong favourite for the overall consistency award.

The short run was won by Judy Wagner with a total error of 37 seconds and Jim Claxton was second with an error of 77 seconds.

The Master's next race will be held at Deloraine, starting from the Train park on 27th August at 10:00am

Mark Fyfe.

STRIDERM OFFER

Striderm are offering AT clubs a discount of 50% off their anti-chafe and massage products.

The discount code is TRR50 and is only available for two weeks from the online shop: <http://www.striderm.com.au/shop>

CITY TO SURF – SYDNEY 13 AUGUST 2017

Congratulations to the following TMA members who successfully completed the challenging City to Surf run last Sunday:

	Time	Gender placing	Age placing
Bonnie Davies	1.00:17	115/34254	50/9115
David Cresswell	1.30:20	17476/33619	438/1427
Chris Sullivan	0.52:27	191/33619	87/9520

Bonnie's time was a PB by more than a minute and to finish 115th out of over 34,000 females is a great result. Well done also to Chris with a top 200 finish in a huge field.

David Cresswell's result was also a fine effort beating home nearly 1,000 other males in his age group. David has been running the event for many years so he knows the course like the back of his hand.

If you did the run or know of any other Masters members who completed the run, then please let us know.