



FOOTNOTES

TASMANIAN MASTERS ATHLETICS Inc.
GPO BOX 890,
HOBART, TASMANIA. 7001.

<http://www.tasmastersathletics.org.au/>

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Ennerdale Water-Cumbria



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Calendar 2010

JANUARY

Sun 10 *AT/AMA/TMA Cadbury Marathon 6.00am & 1/2 Marathon 7.00am*
Sun 10 Bikes & Spikes **New Town Oval**
Sun 17 *TMA Leslie Vale Oval - Bob Robertson 10.00am Start* **Leslie Road**
Sun 24 Australia Day Fun Run **New Norfolk**

FEBRUARY

Sun 7 Tasman Bridge Fun Run
Sun 14 Clarence City Athletic Carnival **Bellerive Oval**
Sun 21 *TMA Domain Cross Roads (Police Games+ TMA Fun Run)* **Domain**
Sun 28 *TMA 1 King St - Mike & Joy Walker 10.00am Start* **Bellerive**

MARCH

Sun 7 *TMA 1/9 Rose Court - Sue & Barry Lloyd 10.00am Start* **Sandy Bay**
Sun 14 *TMA 304 Bicheno St - Jan Chew 10.00am Start* **Clifton Beach**
Sat-Sun 20-21 48 Hour Relay (to be confirmed)
Sat-Sun 27-28 *TMA State T&F Championships* **Domain Hobart**

APRIL

Fri-Mon 2-5 *AMA National Championships* **Perth WA**
Sun 18 *ES Round the River Run*
Sun 25 *TMA Westwood St Craig & Tracey Canham 10.00am Start* **Brighton**

MAY

Sun 2 *TMA Tolosa St Dam - Dave & Adele Lucas 10.00am Start* **Tolosa**
Street
Sun 9 *TMA Jim Burr Memorial 9.00am Start* **GPO Hobart**
Sun 16 *SAB City to Casino*
Sun 23 Kingston Fun Run (to be confirmed) **Kingston**
Sun 30 *TMA AGM after Run (Venue to be Advised)*

JUNE

Sun 6 *TMA Cornelian Bay - M&J Stevenson 10.00am Start* **Cornelian Bay**
Sun 10 *TMA Dru Point - Roy Beadel 10.00am Start* **Margate**
Sun 20 *NSAC Glenorchy Classic (to be confirmed)* **DEC Glenorchy**

Please note from now on, all TMA fun runs will start at 10.00am

Age Group	Name	Event	Performance	Date	Place	Res/ Open/ Aust	Previous		
							Holder(s)	Performance	Date
M70	Barry Cook	One Mile	6m57.24s	4/11/09	St Leonards TMA weekly meeting	O	Jim Burr	7m38.8s	1/1/89

Record approved TMA Meeting 21st December 2009

Derwent Valley Australia Day Fun Run & Walk 2010

When: Tuesday 26th January - No Charge

Start: Tynwald Park, New Norfolk

Start Time: 11.00am 2k (Children under 14), 5k, 10k
Certificates & Spot Prizes & Post Event BBQ



Presidents Message - January 2010

A very Happy New Year to all our members as we continue to enjoy our summer track and field and fun run programs.

Our special Masters event on Sunday January 10 is the Australian/Tasmanian Half Marathon Championship which will be conducted in conjunction with the Cadbury Marathon. Mike Walker has been working hard for months to publicise the event and expects between 50 and 60 entries. Many of our own club members will be competing and/or officiating. It promises to be an exciting event so do come and cheer these amazing endurance runners on to do their best.

The pro running season is in full swing and we hope to present a strong Masters presence at the Bikes and Spikes Carnival at New Town Oval - also on Sunday January 10. So, after the Half Marathon, proceed to New Town to compete or to cheer the runners of shorter distances. For registered Masters athletes, if you still need to enter for the Clarence City Carnival on Sunday February 14 at Bellerive Oval, make sure you enter by Wednesday January 6, as indicated in the entry form in this newsletter. There is great atmosphere at these carnivals for competitors and spectators and some prize money to be won!

The trial for our new track and field program has not produced the expected numbers but while we will discontinue Saturday session, 12 noon-1pm, we encourage all registered TMA members to participate, with no extra cost at present, in the excellent Athletic South interclub program held from 12.30pm on Saturday afternoons. See Peter Lyden on the day for the necessary numbers to wear before you compete. Track and Field Director, Sue Hanek will keep us informed of proposed changes in January (10-31) due to track maintenance, and will also give news of the upcoming postal relays in February which enable all athletes to compete in a national event on our own home ground. Wednesday nights will resume the previous format of programmed events and some of those evenings will be combined with Athletics South.

Looking ahead to Easter it is recommended that members enter the AMA Championships in Perth online at the user-friendly Australian Masters Athletics site which is also linked to our own TMA website. We will be well-represented as we do have quite a varied squad of competitors going to Perth.

Social outings have continued to be well patronised. Nine people enjoyed a meal in The Loft at the Casino. Bob's Christmas fun run at Stonor was a huge success with 38 competing on the beautiful paddock and woodland course (thank you Tracey and Tim). About 50 people enjoyed the fantastic gourmet meats (thank you Shane Mundy), luscious desserts and spot prizes. The local hall was full and a great time was had by all!

Best wishes to everyone for a happy, healthy 2010 and special good wishes for success to those competitors in the Half Marathon on January 10.

Lynne Andrews

IMPORTANT NOTICE TO ALL SOUTHERN FUN RUNNERS

Following consultation with members the TMA Committee has decided that Southern Fun Runs will commence at 10.00am on Sundays beginning with the Leslie Vale event on 17th January 2010. All the regulars have assured us that they will be there so the challenge is for those who do not normally participate to come along and try the new starting time.

NORTHERN MASTERS T&F RESULTS

ROUND 4 4/11/09

SHOT PUT: Alex Buechner 10.46m[46.22%] Dwayne Kirby 9.25m[41.09%] Nye Evans 9.24m[53.47%] Aub Henricks 6.50m[30.27%] Pacer Markham 6.35m[28.66%] Dave Wagner 5.82m[30.71%] Barbara Clayton 5.49m[31.96%] Craig Barron 5.42m Ros Holgate 4.88m[44.61%]

LONG JUMP: Dwayne Kirby 4.23m[52.55%] Uggy Byers 3.43m[45.98%] Ben Kirby 3.23m[67.01%] Taylor Ross 3.08m[52.55%] Nye Evans 3.03m[58.38%] R Niluka 2.95m[39.23%] Liam Kirby 2.84m Barbara Clayton 2.49m[38.91%] Skye Clayton 2.06m[44.98%] Ros Holgate 1.90m[43.18%]

1 MILE: Barry Cook 6.57.24[77.05%]

1500M: Aub Henricks 4.47.11[78.65%] Wayne Tibbitts 4.58.73[81.38%] Pacer Markham 5.26.54[67.83%] Dave Wagner 5.31.77[74.57%] Vicki Ross 5.41.82[70.10%] Pete Wierenga 5.43.15[62.65%] Craig Ross 5.43.97[62.51%] Heather Richards 5.47.94[68.26%] Dwayne Kirby 6.06.16[59.95%] Richard Longstaff 6.09.41[61.72%] Tim Gunton 6.11.68[62.50%] Erin Longstaff 6.20.25[70.48%] Taylor Ross 6.23.47[65.43%] Craig Barron 6.30.07[59.55%] Paige Wierenga 6.32.47[54.78%] Jade Longstaff 6.33.68[72.27%] Neil Hammersley 6.32.51[66.90%] Peter Daniel 6.34.23[65.44%] Max Loffel 6.34.75[69.82%] J Callander 6.46.05 Uggy Byers 6.47.88[57.15%] Jess Callander 7.22.14 Ben Kirby 7.28.62[58.22%] Jen Daniel 7.31.40[65.44%] Nye Evans 7.33.34[63.82%] Ros Holgate 7.37.31[79.75] S Ross 7.46.34[59.10%]

400M: Aub Henricks 63.59[74.18%] Pete Wierenga 64.64[70.39%] Wayne Tibbitts 66.54[74.93%] Dwayne Kirby 67.54 Richard Longstaff 68.55[69.31%] Craig Ross 70.20[64.81%] Heather Richards 71.90[69.67%] Dave Wagner 78.23[64.58%] Vicki Ross 79.32[64.02%] Taylor Ross 82.94[64.96%] Jade Longstaff 83.65[78.53%] Max Loffel 84.72 [65.37%] Erin Longstaff 85.52[69.17%] R Niluka 86.52[55.02%] Uggy Byers 87.22[54.57%] S Ross 88.33[70.11%] Liam Kirby 91.62[69.55%] Nye Evans 93.83[64.06%] Barbara Clayton 93.90[58.94%] Jess Callander 1.40.84 Ben Kirby 1.43.76[53.87%] Ros Holgate 1.44.77[67.63%]

3000M: Aub Henricks 10.25.08[76.18%] Wayne Tibbitts 11.02.46[76.55%] Vicki Ross 12.25.97[68.88%] Dave Wagner 12.26.92[69.08%] Pete Wierenga 12.37.77[60.53%] Tim Gunton 12.49.60[63.33%] Craig Ross 13.52.44[55.10%] Max Loffel 14.07.69[68.11%] Neil Hammersley 14.10.62[64.32%] Craig Barron 14.34.00[55.77%] Janet Callander 15.08.69 Ros Holgate 15.58.94[80.92%] Mark Normington 16.10.04[51.44%] Jen Daniel 16.28.14[63.55%] Nye Evans 16.48.34[60.40%]

ROUND 5 11/11/09

DISCUS: Alex Buechner 31.81m[42.94%] Nye Evans 23.80m[46.58%] Dave Wagner 17.59m[29.09%] Eric Welsh 11.50m[17.48%] Jen Daniel 10.43m[19.48%] Ros Holgate 10.26m[26.48%]

TRIPLE JUMP: Alex Buechner 8.60m[49.83%] Nye Evans 7.86m[72.44%] Jade Longstaff 6.68m Dave Wagner 6.15m[42.53%] Ros Holgate 5.00m[56.50%] Jen Daniel 4.60m[41.22%]

600M: M Greenwood 1.30.00[80.18%] Vicki Gunn 1.52[83.54%] Pete Wierenga 1.56[64.85%] Heather Richards 1.58 [70.77%] Dave Wagner 2.00[70.63%] Uggy Byers 2.13[60.15%] Peter Daniel 2.17[65.12%] Paige Wierenga 2.18 [63.43%] Neil Hammersley 2.22[62.83%] Erin Longstaff 2.26[66.93%] Jade Longstaff 2.27[72.52%] Jen Daniel 2.36 [63.46%] Nye Evans 2.44[61.21%] Ros Holgate 2.46[72.98%] Barbara Clayton 2.59[49.92%] Eric Welsh 3.13[44.91%]

60M: Pete Wierenga 8.67[76.24%] Paige Wierenga 8.95[80.56%] Uggy Byers 9.24[74.89%] Vicki Gunn 9.46[84.57%] Erin Longstaff 10.24[76.37%] Jade Longstaff 10.44[82.18%] Dave Wagner 10.65[69.20%] Jen Daniel 10.90[77.25%] Skye Clayton 11.33[71.76%] Nye Evans 11.47[72.36%] Tim Gunton 11.87[59.14%] Barbara Clayton 12.09[62.78%] Ros Holgate 13.90[68.92%]

5000M: Doug Ashfield 20.41[70.91%] Dave Wagner 21.11[69.71%] Pete Wierenga 22.01[59.73%] Tim Gunton 22.23 [62.47%] Neil Hammersley 24.16[64.63%] Barry Cook 25.03[72.72%] Deb West 25.16[67.88%] Peter Daniel 25.30 [61.50%] Greg West 25.46[57.83%] Ros Holgate 26.27[83.43%] Nye Evans 28.21[61.55%] Eric Welsh 30.02[50.44%]

Australian and New Zealand Police and Emergency Games

Where: Domain Athletic Centre

When: 22-23 February 2010

Volunteers will be needed to help at this event, if you are

available please contact Jarrod Gibson at

gurutaz@hotmail.com or on 0409728315



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10 December 2009

Oceania Association of Masters Athletics Track and Field Championships Papeete — Tahiti — 03-10 July 2010

Dear Athletes and Supporters,

Please find attached our travel details for the above.

As you are no doubt aware, Tahiti is not the easiest place to travel to due to limited airline services. As such the dates of travel noted in the **Tour Brochure** - in particular flight details - may not suit all competitors.

However, after considerable and lengthy negotiation with a number of airlines over available flight services we have chosen to offer a QANTAS/Air Tahiti Nui flight arriving Papeete Wed 30 June (at 8.55 pm) and departing Papeete Saturday 10 July (at 10.25 am).

Please be aware the flights noted are **not** being held as a group booking and therefore subject to availability at the time of booking. We therefore encourage you to make your booking as soon as possible to avoid disappointment as flights are **very** limited.

If the flight schedules do not suit your requirements e.g. if you are competing in the Marathon, wish to attend the Closing Ceremony (both currently scheduled for Saturday 11 July), wish to extend your travel arrangements or commence your travel from ports other than Sydney ... please do not hesitate to contact us for alternative flight options and travel extension options.

Please refer to the **Booking Conditions and General Information** for details on how to plan your travel requirements and make your travel bookings.

From the staff at International Sports Tours ... we wish you and your families a safe and happy Christmas and New Year.

Kind regards,

Philip

Philip Strachan
Director



Tasmanian Athletic League and Hobart Athletic Club
Clarence City Athletic Carnival

Sunday 14 February 2010 Bellerive Oval

Entry Form for Tasmanian Masters Athletics

- This entry form is for registered members of Tasmanian Masters Athletics who wish to enter Masters events only in the Clarence City Athletic Carnival.
- The \$22 permit fee is payable once only and entitles the athlete to compete in Masters events in 2009-10 TAL carnivals and allows free entry to carnivals where the athlete is competing.
- TAL rules of competition apply.
- Masters event is scheduled for approximately 2pm.
- Clarence City Carnival Prizes: \$1st \$50 plus sash, 2nd \$30, 3rd \$20
- Please hand completed form and fees - cash or cheque payable to Tasmanian Athletic League - to Debbie or Steve Lance by Wed Jan 6. Ph 6273 3999 (H) 0400 392 333.

Name.....Phone.....

Date of birth..... Male Female

T [Life] Glenorchy/Telstra Shop Bellerive (M&W) Masters 300m

Most recent time..... Fee \$5.....

Permit Fee \$22.....

Total Fee.....



T[life] Glenorchy T[life] Glenorchy



Telstra Shop Bellerive

Southern T&F Results

21.11.09

400m

W35 Michelle Jennison	1.31.4
W40 Jacqui Patiniotis	1.18.4
W60 Kate Johnstone	1.46.9
M45 Max Henri	1.18.3

2.12.09

5000m

W25 Angela Grimmond	19.14
W50 Elizabeth Leitch	26.08
W50 Frances Malcomson	27.41
M30 Ben Hughes	23.29
M40 Andrew Skelly	19.59
M45 Wayne French	18.45
M50 Paul Leitch	26.08
M55 Peter Lyden	19.14
M55 Phil Grimmond	21.19
M60 Bob Weldon	23.58
M60 Len Powell	25.23
M65 Bob Robertson	21.33

9.12.09

1500m

M40 Andrew Skelly	5.44.2
M45 Max Henri	5.17.0
M60 Mike Walker	5.44.2
M60 Danny Byas	6.14.1
M65 Bob Robertson	6.45.1

3000m Walk

W45 Gayle Cranfield	19.28
W80 Jean Albury	24.49

3000m

W50 Elizabeth Leitch	15.17
M30 Ben Hughes	13.32
M40 Andrew Skelly	11.28
M45 Wayne French	11.05
M50 Mark Beech-Jones	13.18
M50 Paul Leitch	13.36
M50 Dave Hill	16.12
M55 Shane Lockwood	12.32
M60 Mike Walker	11.51
M60 Danny Byas	12.49
M60 Len Powell	14.52
M65 Bob Robertson	12.37

12.12.09

60m

M35 Richard Korn	8.1
M45 Gregg Mann	8.6
M45 Eugene Gurlach	9.0
M50 Geoff Langdon	8.3
M60 Alan Coleman	8.5
M70 Eric Lockett	10.3
Paul Tucker	8.3

300m

M35 Richard Korn	43.3
M45 Greg Mann	46.0
M60 Alan Coleman	46.0
M70 Eric Lockett	58.5

Discus

M60 Tony Burley	
M70 Eric Lockett	21.19
Paul Tucker	17.61

16.12.09

5000m

M30 Ben Hughes	23.29
M40 Andrew Skelly	20.12
M60 Mike Walker	20.15

M60 Bob Weldon	24.02
M80 Rik Whiting	29.34

10000m

M50 Mark Beech-Jones	50.32
M55 David Cresswell	59.41
M60 Len Powell	53.29

19.12.09

100m

M50 Geoff Langdon	13.7
M50 Tony Steven	15.7
M60 Ian Cole	16.1
M70 Eric Lockett	16.9

200m

W30 Amy Hanek	28.0
M40 Damian Cooper	30.0
M50 Geoff Langdon	27.7
M50 Tony Steven	35.3
M60 Ian Cole	36.3
M70 Eric Lockett	35.6

Long Jump

W30 Amy Hanek	4.44
M40 Damian Cooper	4.06
M50 Tony Steven	3.46
M70 Eric Lockett	3.45

High Jump

M70 Eric Lockett	1.25
------------------	------



THE EXAMINER, Thursday, November 12, 2009 — 75

North Launceston Athletic Club's Suzy Cole leads Tamar's Lily Stanesby in a combined club race earlier in the year. Cole has just returned from the World Masters Games in Sydney with two silver medals.

More silvers for Suzy

By PHIL EDWARDS

RUNNER Suzy Cole has racked up some impressive achievements for someone who is only in her third season of athletics.

Hailing from Wewonga, near Deloraine, the school teacher and mum took up the sport a couple of years ago to get fit and keep her daughters Mikayla and Alera company after they joined North Launceston Athletic club.

Cole, 39, has just returned home with two silver medals she won in the 1500 metres and 800m at the World Masters Games in Sydney.

Those medals followed a gold and two silver medals she picked up competing in the world masters athletic championships in Finland, in August.

"I won the gold in the 2000-metre steeplechase and the

silvers in the 800 and 1500 metres," she said.

"I was rapt coming home with those medals because I'm still learning and haven't really done much athletics — but I'm hooked on it."

Cole said she was particularly happy with her 800-metre silver medal in the Sydney games.

She ran a time which was just .14 of a second of her personal best despite suffering the effects of anaemia.

"I found the camaraderie between the athletes amazing because even though they're your competitors everyone was supportive regardless of what country you came from," she said.

Cole trains with her daughters at North Launceston and is coached by Fay Denholm and Peter Fortune.

CHRISTMAS FUN RUN-STONOR

13.12.200



A BIG THANK YOU TO
SHANE MUNDY FOR
SUPPLYING THE MEAT
FOR THE BBQ -
DELICIOUS



A BIG THANK YOU TO
TIM & TRACEY
MCCONNON FOR HOSTING
THE RUN & COOKING
THE BBQ



It was a glorious day. When we arrived the Stonor Hall was a buzz, the numbers were unprecedented, due to the weather no doubt, because we have had some pretty ordinary weather in the past. There were 36 runners on the line for the 4 & 8k run & there was nearly that many again cheering everyone on - fantastic! Tim had even run a mower over the course, made looking for the cow pats that much easier!

1 Lap: Tracey McConnon 45.16; Tim McConnon 20.33; Lisa McConnon 20.40; Frances Hancock 37.08; Marcia Lucas 47.45; Ben Hughes 20.50; Adele Lucas 47.45; David Hancock 28.16; Mick Stevenson 24.47; Jenny Stevenson 36.28; Dale McPherson 22.59; Carly McPherson 21.09; Ewan McPherson 18.09; Jarrod Gibson 21.55; Lynne Sansom 45.16; Alan McPherson 42.15; David Lucas 47.49; Lynne Lyden 28.16; Alan Coleman 24.29; Mike Pace 26.36; Julie Pace 34.38; Alex Pace 42.15; Bruce Campbell 33.55; Eliza Walker 52.13; Abbie Walker 52.06; Sally Westcott 50.24; Mark Westcott 50.24; Lynne Andrews 47.42

2 Laps: Stan Harrex 61.03; Bob Robertson 41.57; Bob Weldon 45.28; Tony Sansom 42.19; David Cresswell 58.39; Phil Grimmond 41.13; Angela Grimmond 41.45; Pete Lyden 41.45

3 Laps: Mike Walker 57.20

4 Laps: Phillip McConnon 70.52

There was lots of laughter, shacking etc as all the scrummy food was eaten & enormous fun & laughter when the spot prizes were being distributed. I think everyone had a great day, we look forward to next year. Once again, a big thank you to Tim & Tracey McConnon & Shane Mundy for their efforts to make the day the success it was.

AMA NATIONAL POSTAL RELAY CHAMPIONSHIPS

FEBRUARY 2010

National Relays will be conducted in each State in February and the results posted to the AMA Director of Competition. Winners will be announced and presented with a certificate at the AMA National T & F Championships in Perth at Easter 2010. The results will also be published on the AMA website which also shows the best age category performances so far. The National Relay Championships can involve the following events for both Men and Women:

4 x 100m; 4 x 400m; 4 x 800m; 4 x 800m walk
Long Jump; Shot Put., Hammer; Discus

Rules:

- Events will be conducted in 10 year age brackets (eg 30 – 39). The team age bracket is determined by the youngest member.
- An athlete may only compete in one age bracket for a particular relay (eg 4 x 100m) but may compete in a different age bracket for another relay (eg 4 x 800m)
- The age of an athlete shall be their age on the day of competition.
- The cost is \$5 per team if you wish to send in your time.

Full details about this competition are available from Sue Hanek (South); Jim Claxton (North) or State Secretary, Mike Walker.

AUSTRALIAN MASTERS ATHLETICS CHAMPIONSHIP 2-5 April 2010 WA Athletics Stadium, Underwood Avenue, Mt Claremont

On-Line entries for Perth are now available on the AMA Website, there is a link to this site from the TMA Website. You are urged to make your entry this way as it will make the time consuming data entry more efficient.
Do it now!



TRACK AND FIELD

The TMA Committee has decided to abandon the Saturday T & F Competition and revert to a full program on Wednesday evenings effective from the 6 January 2010. This will be a Twilight Meet in conjunction with Athletics South. Members with a liking for Saturday competition are encouraged to participate with Athletics South at no additional cost to the member, with numbers available on the day from Peter Lyden.

Due to track maintenance the Domain Athletic Centre will not be available on 13, 20 & 27 January 2010. It is hoped that alternative track arrangements will be made for these dates and that members can be advised on 6 January and on the TMA website.

UNIFORMS

It is compulsory for State uniforms to be worn at both the State Masters and National Masters Track & Field Championships. With both events coming up in March and April respectively it is time to place an order if you require a uniform. The TMA Uniform Coordinator is Debbie Lance who can be contacted on 62733999.

AMA HALF MARATHON CHAMPIONSHIP

Entries are strong across the age groups for the AMA Half Marathon Championship to be conducted in conjunction with Cadbury on Sunday 10 January. At last count there were 61 entries including 20 from interstate. There are likely to be approximately 18 to 20 new TMA members resulting from the Championship. TMA members will not only be competing, but 20 or so members will be out in force as officials on the day. Masters members can register right up to the day of the event (earlier preferred).

BRUNY ISLAND ULTRA RELAY

The Southern Masters team of Craig Canham, Stephen Fenton, Wayne French, Scott MacDonald, Bob Robertson and Mike Walker with an average age of 53 won the Over 40's section of the Bruny Island Ultra Relay, finishing 4th overall out of over 60 teams. Another team which included Masters members, Peter Lyden, Carolyn Davis and William Yee finished 3rd. Tasmanian Masters Athletics members also participated in many other teams of size, form and purpose. If you would like to share your Island experience with other members through Footnotes please let us know.



Back: Wayne French, Steve Fenton, Mike Walker
Front: Bob Robertson, Craig Canham, Scott MacDonald

SIX NEW YEAR RESOLUTIONS FOR MASTERS

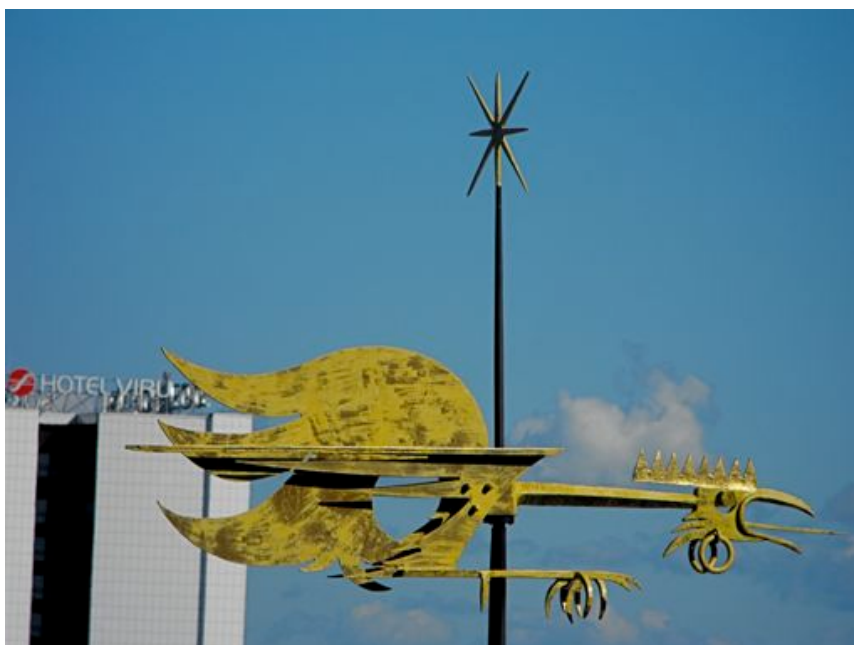
- Make a late entry for the Half Marathon Championship on 10 January 2010.
- Come along to the Leslie Vale Fun Run at 10am on Sunday, 17th January 2010 as a warm-up for the Bridge Run in February. (and then on Sundays as programmed).
- Try Track & Field on a Wednesday evening in either Launceston or Hobart. Why not try a new event ?
- Keep an eye out in this monthly newsletter for one of Al's social activities.
- Mark the 27th & 28th March 2010 on your calendar to participate in the Tasmanian Masters Athletics, Track & Field Championships in Hobart.
- Consider booking your travel and accommodation (and enter) the Australian Masters Athletics Track & Field Championships in Perth at Easter 2010.

MASTERS RESULTS FOR 'RACE TO THE TASTE'

Phil Clarke	5	19.42	Andrea Marquardt	5	23.12
Andrew Allison	6	19.45	Francesca Smith	6	23.37
Stephen Fenton	37	23.06	Fiona Lennon	11	24.37
Phil Grimmond	64	25.11	Christine Moore	19	26.07
Ben Hughes	106	28.15	Kathryn Holden	71	32.35
Bob Weldon	120	29.47	Frances Malcomson	73	32.45
Richard Ralph	153	34.19	Coralene Hobden	164	49.46
David Hancock	158	34.44			
Mick Stevenson	160	34.53			
David Cresswell	161	34.53			



Estonia



Latvia



Riga Old Town - Latvia above & Railway Bridge below Latvia





Latvia



Tallinn Old Town - Estonia

Riga Old Town - Latvia

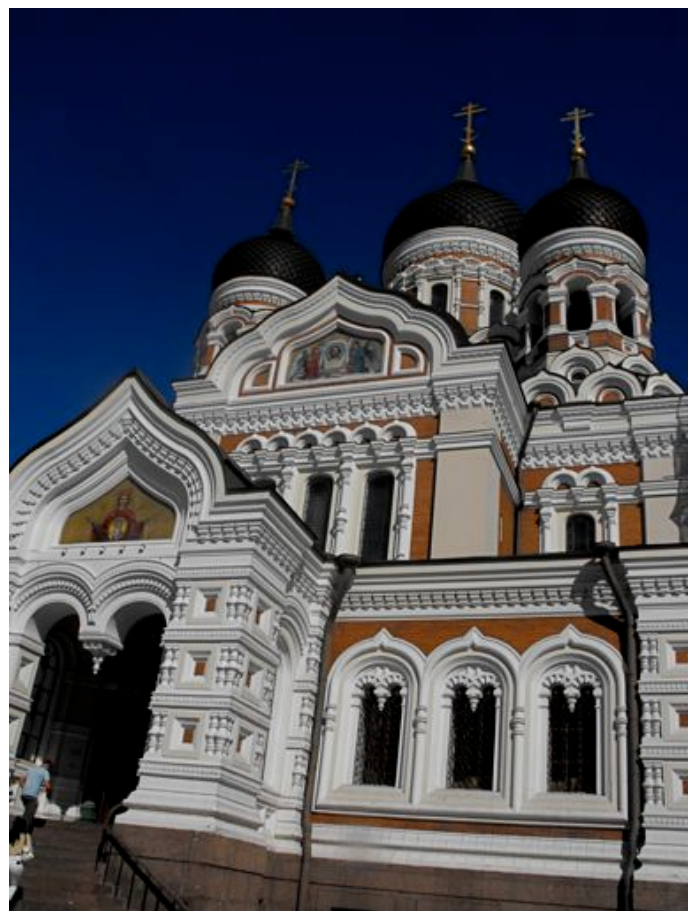




Riga - Latvia



Tallinn Old Town - Estonia



Riga - Latvia

**TASMANIAN MASTERS ATHLETICS INC.
GPO BOX 890 7001**

APPLICATION FOR MEMBERSHIP/RENEWAL OF MEMBERSHIP

APPLICANT

Date of Birth:
 Surname:
 Forenames:
 Address:

 Telephone:- Home
 Business
 Email
 Occupation:
 Other Special Interests/Skills:

SPOUSE

Date of Birth:
 Surname:
 Forenames:
 Telephone:- Business

 Email
 Occupation:
 Other Special Interests/Skills:

Signature: **Date:**

Subscription Fees:-
\$40 Single
\$60 Double



CREDIT CARD PAYMENT		
Please circle card type:	Visa	Mastercard
Name on Card:		
Card Number:		
Expiry:		Amount: \$
Signature		
or Direct Debit		
to BSB No 037-001/Account No 93-0735.		
Account name : Tasmanian Masters Athletics In		

For details on dual registration with Athletics Tasmania, please enquire with the State Secretary

**SURFACE
MAIL**

If undeliverable return to:-

TMA Inc.
GPO Box 890
Hobart, Tasmania, 7001

"May be opened for postal inspection"